

## Potential Side Effects of Abortion

- Hemorrhage, retention of fetal parts.
- Infection, high fever.
- Anesthesia complications.
- Breast cancer.
- Puncturing of uterus, intestines.
- Menstrual problems.
- Gastro-intestinal problems.
- Tubal pregnancies (life-threatening problem).
- Inability to carry future pregnancies to term.

## Potential Emotional After Effects

- Break-up of current relationship.
- Clinical depression, suicidal tendencies.
- Drug and alcohol abuse.
- Abusive relationships with men.
- Feelings of hopelessness, regret, remorse.
- Eating disorders.
- Insomnia, repeat nightmares.
- Sexual dysfunction.
- Repeat abortions.
- Inability to bond with other children.
- Child abuse of other children.
- Anger, self-hatred, self-destructive tendencies.

## Post Abortion Healing

### Rachel's Vineyard

**1-877-HOPE-4-ME (1-877-467-3463)**

"For 18 years I have had guilt that would not go away, tormented by thoughts of what my son would have been like. Participating in the Rachel's Vineyard helped me finally pardon myself. God has put peace in my mind, cleaning my heart and washing my fault."

## Pregnancy Help

### 24 hour Pregnancy Hotline Numbers

1. National Life Center 1-800-848-LOVE (5683)  
www.nationallifecenter.com
2. Abba Crisis Pregnancy Center, Palmyra, NJ  
1-800-548-LIFE (5433) www.abbapregnancy.org
3. OptionLine (English & Spanish) 1-800-395-4357  
www.optionline.org
4. Birthright 1-800-550-4900 (English & Spanish)  
www.birthright.org
5. **Se Habla Español** Línea de 24 Horas 1-877-675-5900 ó  
1-310-518-4135

### Local Help

1. Options for Women- Cherry Hill, NJ- 1- 856-795-0048  
Free pregnancy test and ultrasound www.optionsnj.org
2. Alpha Pregnancy Services 1-215-545-HOPE (4673)
3. First Way, Collingswood, NJ. 1-856-854-8100
4. Helpers of God's Precious Infants (Joe:1-856-321-0411 )

### Homes For Pregnant Women

1. Good Counsel Homes - Riverside, NJ (will pick you up and take your other children in, too) 1-800-723-8331
2. Several Sources Foundation 1-800-662-2678
3. Mary's Shelter - Reading, PA 1-610-376-1973
4. Blessed Margaret of Castello Home 1-215-245-8039

### Adoption- Catholic Charities 1-800-227-3002

God has a plan for your baby... maybe His plan is for a childless couple to raise the baby. You can meet and choose the adoptive parents. God knows and loves your unborn baby. Abortion ends in pain and death. (Your baby's heart is beating on day 21). You may think that abortion is fast and easy and pregnancy and child birth is so hard, but abortion is even more painful and leaves wounds that do not go away. We can help you through your pregnancy.

### Post-Abortion Healing

1. Elliott Institute www.afterabortion.org
2. Rachel's Vineyard (1-877-HOPE-4-ME) or  
(1-877-467-3463) www.rachelsvineyard.org
3. National Help Line for Abortion Recovery  
(1-866-482-5433) www.operationoutcry.org

## You are not alone!



You are pregnant and scared. You wish someone was there for you.

The answer to your unplanned pregnancy is **NOT** to get rid of the **baby**, but to get the support and help you need! Abortion can never solve the problem. It only creates new ones and opens the door to physical, spiritual and emotional pain that lasts a lifetime. **Don't let FEAR guide you in this important decision.**

**No one can legally force you to have An abortion against your will!** This includes your parent or boyfriend. If they put extreme pressure on you to abort, they will be guilty of fetal homicide.  
[Http://www.thejusticefoundation.org](http://www.thejusticefoundation.org)

**Crisis pregnancy help on the back of this flyer!**  
**We want to help you!**

## Do You Believe in God?

God says in the Ten Commandments, “*Thou Shall Not Kill,*” Exodus 20.

Jesus said, “*Whoever welcomes a little child like this in my name welcomes me... Take heed that you do not despise one of these little ones, for I say to you that in heaven their angels always see the face of My Father.*” Matthew 18:5, 10.

## Choose life for you and your baby... Pray to God for wisdom and strength to do the right thing.

You will not “become a mother.” If you’re pregnant, you *are* a mother.

Don’t let anyone deprive you of your health or the love of your child.

## What your Baby looks like when you are 7 weeks pregnant.



Do what many other women have done;

## Simply get up and walk out!

One woman jumped off the table and ran out of a clinic shoeless!

## Help for You and Your Baby

If you are pregnant, you and your baby are *both* valuable human beings, with basic rights and individual needs.

We care about you. We know this pregnancy may be the greatest personal crisis of your life. It doesn’t have to be that way. *Please see the back of this brochure for a local crisis pregnancy clinic and call now for help.*

## We can help you now...

- Give you a free pregnancy test.
- Offer counseling and alternatives to abortion.
- Arrange for you to see your baby on ultrasound.
- Counseling as needed with parents, boyfriend, or husband.
- Arrange housing for you and other children you may already have.
- Introduce you to a doctor for medical care.
- Show you how you can continue school or your job.
- Help arrange financial assistance.
- Arrange for legal aid if needed.
- Help and guidance in all related areas.

## ...and we can help later on.

- Ongoing, personal counseling.
- Both prenatal and postnatal guidance.
- Clothing and things for you and your baby.
- Parenting skills classes.
- Referrals for adoption info and counseling.
- Planning for you and your baby’s future.
- Spiritual, emotional, and practical help.
- Other assistance, depending on your particular circumstances and needs.

**NO JUDGMENTS MADE.**

**NO STRINGS ATTACHED.**

## What you need to know Before you Choose!

Your **Baby’s Heart is Beating** 3 weeks after conception. Your baby was created by God from the moment of conception and He has plans for your baby’s future.

According to Dr. J.C. Willke, by 8 weeks a fetus’ sensory nerves that feel pain are fully developed. Your baby will feel extreme pain during the abortion. Women have died during an abortion or from complications after an abortion.

## “Morning After” Abortion Pill

Warning – the clinic may tell you that the “Morning After Pill” is a contraceptive, but it can actually cause an abortion if you are already pregnant! The “Morning After Pill” can prevent ovulation if it is taken before conception, BUT, if conception has occurred, it will abort your unborn child by irritating the lining of the uterus so that he or she cannot attach properly.

## “RU-486” Chemical Abortion

How it works: RU-486 (Mifepristone) is an artificial steroid which deprives the uterine lining of the pregnancy hormone progesterone, vital for the life of the pre-born child. A second powerful drug, prostaglandin (Misoprostol, also known as Cytotec) is then given to cause strong uterine contractions to expel the dead or dying pre-born child. Potential side effects: **intense pain**, having to return for a surgical abortion if parts of the pre-born child are retained, emotional trauma from seeing the pre-born child coming out in the toilet or undergarments, infections of the genital tract, heart attack, hemorrhage, impaired fertility.